



IRISH MENOPAUSE
society

International
Menopause Society

JOINT MEETING 2023

Saturday 16th September 2023

THE ROUND ROOM, MANSION HOUSE, DUBLIN 2

Programme



08:45 - 09:30 Registration & Refreshments

09:30 - 09:40 **Opening Address**

Dr Barbara O'Beirne, Dr Aine Sullivan, Counsel Irish Menopause Society, followed by Professor Nick Panay, President international Menopause Society.

09:40 - 10:10 **The State of Menopause Care in Ireland**

Dr Deirdre Lundy, Clinical Lead, Menopause Services, Holles St, Dublin.

10:10 - 10:40 **Fertility and Pregnancy in Women with POI**

Dr Una Conway, Consultant Obstetrician and Gynaecologist, UCHG, Galway.

10:40 - 11:10 **Menopause & Brain Fog: A health care professional's guide for decision making and counselling on cognition**

Professor Pauline Maki, Professor of Psychiatry, Psychology and Obstetrics & Gynaecology, USA. International Menopause Society Board Member.

11:10 - 11:20 **Q & A**

11:20 - 11:50 **Tea & Coffee Break**

11:50 - 12:20 **Menopause: A Milestone for the Women in Preventative Health - Chronic Disease and its Prevention**

Associate Professor Ang Seng Bin, Adjunct Associate Professor Head of the Menopause Unit in KK Women's Children's Hospital in Singapore. International Menopause Society Board Member.

12:20 - 12:50 **Modern Management of PMS/PMDD**

Professor Nick Panay, Consultant Gynaecologist, Queen Charlotte's and Chelsea Hospital, Professor of Practice, Imperial College London. President, International Menopause Society.

12:50 - 13:00 **Q & A**

13:00 - 14:00 **LUNCH**

14:00 - 14:30 **GSM: A Focus on Vulvar Symptoms, Their Impact on QOL and SEX**

Professor Rossella Nappi, PhD Gynecologist, Endocrinologist and Sexologist. Professor of Obstetrics and Gynecology (Italy). President Elect, International Menopause Society.

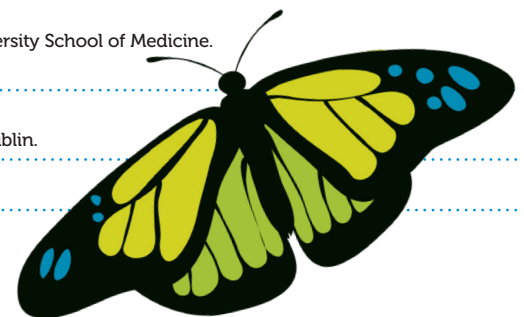
14:30 - 15:00 **Bone Health for the Generalist: Much More Than Just DXA Scans**

Professor Steven Goldstein, Professor of Obstetrics and Gynecology, New York University School of Medicine. Chair of Past Presidents, International Menopause Society.

15:00 - 15:30 **Menopause After Cancer**

Professor Donal Brennan, Consultant Gynaecological Oncologist, Mater Hospital, Dublin.

15:30 - 15:40 **Q & A, Closing Remarks.**



Health is our mission

Speakers

Dr Deirdre Lundy

Deirdre has been working within general practice but specialising in 'Women's Health' for over 35 years. She has worked for many of the family planning clinics around Dublin and was a member of Bray Women's Health Centre for more than 20 years. Currently she is lead medical officer for the new NMH Holles St "Complex Menopause Service" which accepts referrals from general practice for menopausal patients with comorbidities. She helped start and currently works in the IUCD clinics in the Rotunda, Coombe and National Maternity Hospitals.

Dr Una Conway

Dr Una Conway is a consultant obstetrician and gynaecologist and fertility specialist in Galway University Hospital. Una is also a senior consultant with Repromed Galway (formerly Galway Fertility Clinic). Una qualified from Trinity College Dublin and trained in the Irish higher specialist Obstetric and Gynaecology training scheme and then spent 3.5 years in Sydney Australia on a subspecialist fellowship in Fertility and Reproductive Endocrinology.

Professor Pauline Maki

Professor Pauline Maki is a professor of Psychiatry, Psychology and Obstetrics & Gynecology at the University of Illinois, USA, and current Treasurer of the International Menopause Society (IMS) Dr. Maki is best known for her contributions to the field of menopause and cognition. A central focus of her research has been the effects of hormone therapy (HT) and alternative treatments for menopausal symptoms on cognition, mood, and brain function in women. Professor Maki's primary contribution to clinical practice is her research on the risks and benefits of HT on cognition and brain function.

Associate Professor Ang Seng Bin

Associate Professor Ang Seng Bin is the Head of the Menopause unit in KK Women's and Children's Hospital, Singapore, and current General Secretary of the International Menopause Society (IMS) His interests include educating GP's and Family Physicians about menopausal health both locally and internationally. His research interests include osteoporosis, menopause, sexual health, diabetes mellitus and dermatology.

Professor Nick Panay

Professor Nick Panay is a Consultant Gynecologist, and Subspecialist in Reproductive Medicine at the Imperial College Healthcare Trust, London, and current President of the International Menopause Society (IMS). As director of the Menopause & PMS Centre at Queen Charlotte's Hospital & Imperial College London, Professor Panay leads a team of research fellows and nurses running an active research programme consisting of translational, clinical and pharmaceutically sponsored research in menopause, premature ovarian insufficiency, premenstrual syndrome, androgens and contraception.

Professor Rosella Nappi

Professor Rosella Nappi is a full Professor of Obstetrics and Gynecology, Chief of the Research Center for Reproductive Medicine and Director of the Gynecological Endocrinology & Menopause Unit, University of Pavia, Italy, and President elect of the International Menopause Society (IMS) Dr Nappi's major interests are psychoneuroendocrinology of female reproductive and post reproductive life with a special focus on women's sexual health.

Professor Steven Goldstein

Professor Steven Goldstein is a Professor of Obstetrics and Gynecology at the Grossman New York University School of Medicine, and immediate Past President of the International Menopause Society (IMS), as well as Past President of the North American Menopause Society and the American Institute of Ultrasound in Medicine He has had a longstanding interest in Midlife Women's Gynecologic Ultrasound, Bone health and SERMs.. Clinically his practice has evolved into issues of menopausal and perimenopausal medicine with particular interest in ultrasound applications both for adnexal masses and abnormal bleeding.

Professor Donal Brennan

Professor Donal Brennan is a Clinician Scientist who graduated from the UCD School of Medicine and received a PhD in Cancer biology from UCD. His research interests include ovarian cancer immunology, obesity related carcinogenesis and the development of evidence-based survivorship services for women living with and after cancer - with a specific emphasis on menopause. In 2016 he was appointed as UCD Professor of Gynaecological Oncology and Consultant Gynaecological Oncologist at the Mater Misericordiae University Hospital, Dublin. In 2023 he was appointed National Clinical Lead for Cancer Research in Ireland.

